

CAMP STAFF

BARBARA GIBSON and her staff have built an eagle gymnastics program that is remarkable and has been referred to as the perennial powerhouse of Division III gymnastics. To have won a national title 17x over the course of 30 years is unmatched. In addition to 23 WIAC Conference Championships, Gibson's system has turned out the most successful Division III gymnastics program in the nation.



UW-La Crosse Gymnastics

(under head coach Barb Gibson – 1985-present)

- NCGA Coach of the Year five times
- WIAC Coach of the Year six times
- 17 NCGA Division III National Championships
- 23 WIAC Championships
- 7 CoSIDA Academic All-Americans ®
- 70 NCGA Academic All-Americans
- Career record of 806-205 (.797)

KASEY CRAWFORD has been assistant coach and choreographer for the UWL gymnastics team for the past eight years. She has coached numerous conference and national champions on vault and floor exercise.



Kasey was selected the 2016 National Collegiate Gymnastics Association West Region Assistant Coach of the Year, 2013 NCGA West Region Assistant Coach of the Year, and 2012 NCGA Assistant Coach of the Year.

Crawford was a member of three NCGA national championship teams, and was a three time All-WIAC selection and the WIAC scholar athlete in 2008. She earned All-America honors in the all around, uneven bars, vault and balance beam.

Crawford is a Level 10 USAG gymnastics judge and is in her fourth year as an assistant sports performance director in UWL's Sports Performance Center.

UW-LA CROSSE GYMNASTICS

"CAMP OF CHAMPS"

Friday, June 17 – Sunday, June 19

All Levels

Your 2015 & 2016 Division III National Champions!



Home of ...

17 Division III National Championships

23 Wiac Conference Championships

222 All-Americans

Registration will be limited so register early!



WWW.UWLCAMPS.COM

OR

CAMPS OFFICE AT 608.785.8193

athleticcamps@uwlax.edu



UW-La Crosse Athletics



@UWLATHLETICS

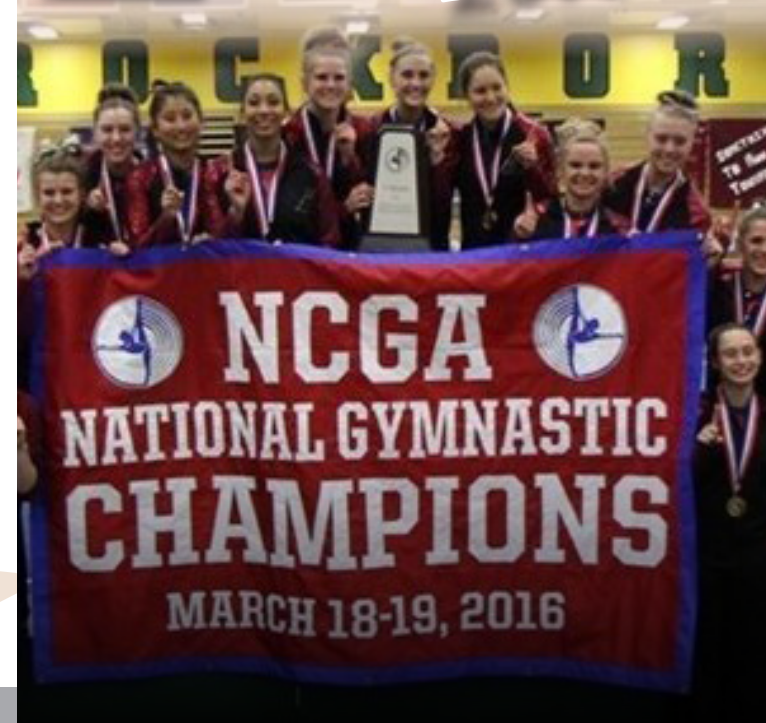
UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

UNIVERSITY OF WISCONSIN-LA CROSSE

INTERCOLLEGIATE ATHLETICS

UWL GYMNASTICS – CAMP OF CHAMPS

 Summer
2016



FRIDAY, JUNE 17 – SUNDAY, JUNE 19

ALL LEVELS

WWW.UWLCAMPS.COM

BUILDING CHAMPIONS.

In Sport. In School. In Life.

SUMMER 2016 CAMP OF CHAMPS

WEEKEND OVERNIGHT CAMP

The UW-LA CROSSE Eagle Gymnastics Camp is for female gymnasts ages 7 to 18. This camp allows you to have fun and experience the instruction that you need to improve your gymnastics. Our camp is geared toward all gymnastics levels and we encourage and welcome all ability levels.

Gymnasts will have the opportunity to train in the last year of Wittich Hall on the UW-La Crosse campus. A new state of the art facility will be built in 2017 in Cartwright Center on the UWL campus. The present facility has outstanding equipment which meets NCAA standards and has been touted as the best Division III gymnastics facility in the WIAC. Wittich Hall has been the home of 24 WIAC Conference Championships and 17 National Titles for the UW-La Crosse Eagle gymnasts. The gym is equipped with a spring floor, tumbl-trac, tumbl-trac single bar, overhead spotting rig for trampoline and vaulting, four elite balance beams, two LZT vaults, resi pit for vaulting, a resi and loose foam pit for tumbling and for training uneven bars. Additionally, we have a strap bar, a channel bar system, and trampoline.

ACCOMMODATIONS

Overnight campers will reside in a campus residence hall. The residence hall has a secured entrance and the campers are monitored by the residence hall directors, assistants, and by our camp staff. Rooms are double occupancy only.

COST INFORMATION

Resident: \$350
Commuter: \$325

The resident camp fee covers lodging, meals, educational materials, facility fees and a camp T-shirt and insurance. The commuter fee includes noon and evening meals, educational materials, a camp T-shirt, and insurance.



CAMP SCHEDULE

FRIDAY SCHEDULE

11-1 p.m. Check-in
1-4:30 p.m. Campers report to Wittich Hall for event evaluations and afternoon workout

5-6:30 p.m. Dinner
6:30-8:30 p.m. Evening workout

8:30-9:30 p.m. Evening activity

SATURDAY SCHEDULE

7:30 a.m. Wake Up
7:45-8:30 a.m. Breakfast
9-9:30 a.m. Warm-ups
9:30-11:50 a.m. Morning workout

12-1 p.m. Lunch
1:30-4:30 p.m. Clinic/Afternoon workout

4:30-6:30 p.m. Free time/Dinner
6:30-8:30 p.m. Evening workout
8:30-9:30 p.m. Evening activity

SUNDAY SCHEDULE

7:30 a.m. Wake Up
7:45-8:30 a.m. Breakfast
9-9:30 a.m. Warm-ups
9:30-11:50 a.m. Morning workout

12-1 p.m. Lunch
1:30-3:30 p.m. Clinic/Afternoon workout
3:30-4 p.m. Camp Picture – All parents welcome to attend

4-5 p.m. Return to residence hall to pack up campers' stuff

Registration form: Please print clearly

SUMMER 2016 CAMP OF CHAMPS JUNE 17-19, 2016

We cannot process incomplete registrations. All information requested must be provided.

Participant's Full Name _____

Date of birth _____ Grade (fall of 2016): _____

T-Shirt Size: (circle one) YS YM YL YXL S M L XL

Level: (circle one) 1 2 3 4 5 6 7 8 9 10 Xcel High School

Parent's/Guardian Name _____

Address _____

City/State/Zip _____

Cell Phone _____ Work Phone _____

Email — necessary for confirmation and camp communication _____

Special needs for participant(s) _____

Amount Enclosed: \$ _____

Check enclosed, made payable to UW-La Crosse

Detach completed form and send with payment to:

Return form to: UW-La Crosse Athletic Camps & Clinics

25A Mitchell Hall

1725 State. St.

La Crosse, WI 54601

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature _____

Date _____

REGISTER ONLINE FOR YOUR CONVENIENCE!
Register online at: www.uwlcamps.com