

**University of Wisconsin-La Crosse  
Junior Eagle Gymnastics Program 2014**



FALL 2014  
www.uwlcamps.com



September 15 -  
December 4, 2014

Parent Comments:

*"We enjoy the excellent instructor to student ratio and the quality of instruction is outstanding."*

*"The curriculum is well planned and the instructors are always very positive with the children."*

*"Thank you for a job well done. I've enjoyed watching my child's fitness and self-confidence grow."*

*"The UW-La Crosse gymnasts are wonderful ambassadors of the UW-L gymnastics program. We are happy they are role models for our daughter."*

*"The UW-L gymnastics program is POSITIVE, encouraging and where learning is FUN too.  
Thanks, UW-L gymnasts!"*

Home of the Division III  
National Championships  
March 27-28, 2015

Dear Parents,

The UW-L Junior Eagle Developmental Gymnastics Program is looking forward to providing children in the Coulee Region with the best gymnastics in a fun, safe and progressive environment. Gymnastics will be provided on vault, bars, beam, floor, trampoline and dance. We follow the USAG levels within the structure of classes and will be evaluating all students during their first class.

Instructors in our program will primarily consist of UW-La Crosse gymnasts who have been involved with the sport of gymnastics for 12 or more years.

The FALL 2014 session of Junior Eagle Gymnastics will begin on September 15 and end on December 4, 2014. **All students who wish to enroll must complete the enclosed registration form and return it with payment in full by September 12. We cannot process incomplete registration forms. All information requested must be provided.** All students (returning and new) must also complete the emergency contact information. Late registration will only be allowed if the class is not full, and the instructor to student ratio is 1:6 or less. Class availability updates are posted on the camps website. Full payment should accompany all registrations and can be postdated to October 1, 2014 if necessary.

All classes will be held in Wittich Hall on the UW-L campus (campus map available at <http://www.uwlax.edu/campus-map/>). Classes will be limited in size to ensure a 1:6 instructor to student ratio. Please read the discount and cancellation policies, as well as make-up information carefully on the back of this form. Classes will NOT meet the week of Thanksgiving.

If you have any questions concerning registration procedures, contact the Camps & Clinics Office via email on our website at [www.uwlcamps.com](http://www.uwlcamps.com) or by phone at 608-785-6540. You can also call the Wittich Hall Gym during class sessions only at 785-6517.

Barbara Gibson, UW-L Gymnastics Coach

## Fall 2014 Schedule and Fees (September 15 - December 4, 2014)

| Class Number | Class (Age recommended)                    | Day(s)                    | Time                | Semester Fees |
|--------------|--|---------------------------|---------------------|---------------|
| 1            | Preschool (3-5)                            | Monday                    | 6:00-6:40 p.m.      | \$80          |
| 2            | Preschool (3-5)                            | Tuesday                   | 6:00-6:40 p.m.      | \$80          |
| 3            | Preschool (3-5)                            | Wednesday                 | 6:00-6:40 p.m.      | \$80          |
| 4            | Level 1A-Beginner (5-8)                    | Monday                    | 6:30-7:30 p.m.      | \$110         |
| 5            | Level 1A-Beginner (5-8)                    | Tuesday                   | 6:30-7:30 p.m.      | \$110         |
| 6            | Level 1A-Beginner (5-8)                    | Wednesday                 | 6:30-7:30 p.m.      | \$110         |
| 7            | Level 1A-Beginner (8-11)                   | Monday                    | 7:30-8:30 p.m.      | \$110         |
| 8            | Level 1A-Beginner (8-11)                   | Wednesday                 | 7:30-8:30 p.m.      | \$110         |
| 9            | Level 1B-Intermediate (5-8)                | Monday                    | 6:30-7:30 p.m.      | \$110         |
| 10           | Level 1B-Intermediate (5-8)                | Wednesday                 | 6:30-7:30 p.m.      | \$110         |
| 11           | Level 1B-Intermediate (8-11)               | Monday                    | 7:30-8:30 p.m.      | \$110         |
| 12           | Level 1B-Intermediate (8-11)               | Wednesday                 | 7:30-8:30 p.m.      | \$110         |
| 13           | Level 1B-Intermediate (12-14)              | Wednesday                 | 7:30-8:30 p.m.      | \$110         |
| 14           | Level 2-(1 day)                            | Monday or Wednesday       | 6:30-8:15 p.m.      | \$170         |
| 15           | Level 2-(2 days)                           | Monday & Wednesday        | 6:30-8:15 p.m.      | \$320         |
| 16           | Level 3-(instructor eval.)                 | Tuesday & Thursday        | 6:30-8:15 p.m.      | \$320**       |
|              | Level 4 and Up-Team (instructor eval.)     |                           |                     |               |
| 17A          | Junior Eagle A Team                        | Tuesday & Thursday        | 6:30-8:30 p.m.      | \$320         |
| 17B          | Junior Eagle B Team                        | Monday, Tuesday, Thursday | 6:30-8:30 p.m.      | \$425         |
| 18           | Boys (7-12)                                | Thursday                  | 6:30-7:45 p.m.      | \$120         |
| 19           | High School Girls: First 6 weeks (1 day)*  | Tuesday or Thursday       | 6:30-8:30 p.m.      | \$90          |
| 20           | High School Girls: First 6 weeks (2 days)* | Tuesday & Thursday        | 6:30-8:30 p.m.      | \$180         |
| 21           | Semi-Private Lesson***                     | Set up with instructor    | 5:45-6:45 p.m. only | \$20/person   |
| 22           | Private Lesson***                          | Set up with instructor    | 5:45-6:45 p.m. only | \$30/hr       |
| 23           | OPEN GYM (No registration necessary)       | Saturday                  | 10 a.m.-Noon        | \$12/person   |

\*High School Girls meet September 16th-October 23rd only. \*\*One day cost for class 16 is \$170.

\*\*\*Private and semi-private lessons will only be available as long as staff is available to teach. In addition, each student 11 and under must be signed up for a regular class in order to qualify for a private or semi-private lesson. Please email/call ahead to schedule private lessons.

**Make-Up / Refund Policy:** If a student misses class for any reason, they may make-up the class within three weeks of the absence by showing up for another section of their class. All participants must pay the entire class fee, there is no prorating of classes. Refunds will only be granted because of injury, with a written excuse by the students doctor.

**Family Discount:** Deduct 10% from your TOTAL registration fees if you have two children in the program, 15% if you have three children in the program, and 20% if you have four or more children in the program.

**UW-L Faculty & Staff Discount:** Deduct 20% from your total registration fees. This discount only applies to children of **current UW-L employees** or students and cannot be combined with any other discounts. You cannot take the family discount if you take the staff discount. Discounts do **NOT** apply to students in ninth grade or higher and can only be applied to the Fall 2014 schedule.

The UW-L Junior Eagle Gymnastics program is committed to ensuring a quality and safe experience for all participants. Benefits of the program include:

- Equipment that meets all USA Gymnastics Safety Standards
- USAG progressive levels of instruction
- Athletic Trainer on site at all times
- Dependable, experienced gymnasts as good role models for your daughter or son
- Instructor to student ratio of 1:6 or fewer

Registration Form PLEASE PROVIDE ALL REQUESTED INFORMATION  
 UW-La Crosse Junior Eagle Gymnastics  
 Fall 2014 (September 15 - December 4, 2014)

\_\_\_\_\_  
 participant name date of birth

\_\_\_\_\_  
 participant address

\_\_\_\_\_  
 city state zip

\_\_\_\_\_  
 class # day fee

\_\_\_\_\_  
 name of second child participating date of birth

\_\_\_\_\_  
 address (if different)

\_\_\_\_\_  
 city state zip

\_\_\_\_\_  
 class # day fee

Please make checks/money orders payable to UW-La Crosse and mail this form with full payment to:

**UW-La Crosse Athletic Camps & Clinics**  
**132 Mitchell Hall**  
**La Crosse, WI 54601**

OR register online at [www.uwlcamps.com](http://www.uwlcamps.com)

\*Online registration is provided by My Online Camp. Online service charges apply and are not refundable by UW-La Crosse. Do not register online if you qualify for discounts.

Total amount enclosed: \$ \_\_\_\_\_

\_\_\_\_\_  
 emergency contact relationship to camper

\_\_\_\_\_  
 phone # alternate phone #

\_\_\_\_\_  
 email address (MUST PROVIDE, all correspondence will be done via email)

\_\_\_\_\_  
 special medical needs for my child(ren)

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if i cannot be reached in the event of an emergency.

\_\_\_\_\_  
 Parent/Guardian Signature Date